

## Introduction to Standardized Patient Cases-Case Studies

In this folder you will find 5 standardized patient (SP) cases for people with disabilities. Cases range from pre-school age to elderly and include physical and/or cognitive disabilities. Each case may be presented “as-is” with the appropriate SPs portraying the patient. SPs should be people with actual disabilities whenever possible. The scenarios may also be used as an unfolding case study online or in the classroom with the appropriate history and physical exam questions supplied by the student. Additionally, each case raises multiple discussion issues related to caring for people with disabilities such as cognitive competency, access to care, durable power of attorney, primary care screening, and issues such as reproductive health and ethical issues related to care of people with disabilities. Cases may be adapted as needed for the clinical, classroom and/or online learning needs of the students.

### SP Cases Included:

- **Adult Female - Multiple Sclerosis**
  - Patient is a 48yo female who is well known to your practice with relapsing progressive MS diagnosed in 8 years ago. Here today for routine health maintenance visit and because her sister was recently diagnosed with breast cancer. MS is managed by a local Neurologist and she sees a Pain Management team. She is scheduled to see the pain team today.
- **Adolescent Female with Spina Bifida & urinary tract infection**
  - 14 year-old female with Spina Bifida (closed meningocele) at birth with UTI symptoms. Has some mobility limitations and uses crutches.
- **Adult with Intellectual Disability & Earache for one week**
  - 45 year-old presents with earache for one week. He/she has an intellectual disability but is competent and reliable historian. Last visit: 6 months prior
- **Preschool Child with Cerebral Palsy & Diplegia with Constipation for one week**
  - 4 year-old with Cerebral Palsy. The patient was born 3 weeks premature & lives with mother and father. Presents today with one-week history of constipation
- **Elderly patient with shoulder pain and post-polio syndrome**
  - Elderly patient with post-polio syndrome and shoulder pain after a fall.